

Application Of Neuro-Linguistic Programming Techniques To Enhance The Motivation Of At-Risk Student

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Abstract. Motivation is the trigger of an individual behavior to achieve an outcome. Despite motivation, there are values and beliefs that affected by mind. By seeing the concept of mind as the controller of a person's behavior, this study has been carried out using Neuro-Linguistic Programming (NLP) as the intervention to increase the motivation of at-risk students in the prison. Intrinsic motivation in this study are consists of self-confidence, intention to change, interest to study and perspective to life after release from the jail. Pre and post experiment with qualitative approach by using interview and observation to six students had been done. There are three main intervention from NLP that been used in this study that are Progressive Relaxation Technique, Discover Your True Values Technique and Circle of Excellence Technique. These three techniques had been carried out one by one and the data is related. All the data has been transcribed and analyzed to answer three main questions of this study. This study shows that application of NLP techniques increase the motivation of high risk students effectively. Over all, this study has been success to enhance the motivation among at-risk students in the prison and hopefully can be used to increase the quality of human resource produced through education.