

# THE PREVALENCE OF MENSTRUAL DISORDER IN IRANIAN ADOLESCENCE GIRL

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## **Abstract**

Menstrual disorder is very frequent complain in adolescence age and it can end too many problems .Our purpose of this study was appointed, the prevalence of menstrual disorder. This cross sectional study was done on 1200 girl's school that lived in north of Iran (Mazandaran province). We selected our samples randomly. We collected data by questionnaire. Analysis of data was done by spss-19 software and we used descriptive and analytic statistics. Significant level of this study was  $p < 0.05$ .The prevalence of menstrual disturbance was 13.2% (in urban girls) and 8.6% (in rural girls). Menstrual disorder is common in adolescence.

**Keywords:** Adolescence, Menstrual disorder, Iran.