

# INCREASING SUICIDES AMONGST ASIAN TEENS -A SOCIOLOGICAL STUDY-

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## **Abstract**

Youth are the treasure of a nation. A nation looks up to youth as its future leaders. The increasing tendency of suicides poses to the threat of the future of humanity as such. The problem of suicide amongst youth is taking unprecedented dimensions in modern times especially in Asian countries. It has been brought to light through various sources of information that approximately one million commit suicide every year and the one precious life is lost every forty seconds. Asian countries shares 60% of the world data in these cases.

Present study attempts to analyze the increasing numbers of suicides by youth in Asian countries. The risk factors of suicides amongst youth vary but these can be traced to school/college pressure, examination pressure, or to the fear of failure in competition. Modern competitive world offers multiple opportunities to youth but at the same time there is a cut throat competition amongst peers that causes frustration resulting in suicides. Family and its safe and affectionate environment may provide courage to youth to bear shocks of outside world. But usually youth live outside their homes and find no succor in times of tension and frustration. Love relationships, poverty, discord amongst members of family add up to the dilemma of youth and they end their life. Psychological studies show that the mental setup of youth is emotional, idealistic, and vulnerable to various temptations. Whenever their ideology shatters or they find themselves rejected by one they love they find no meaning in life. Their emotional needs, beliefs, attitudes, values, patterns and problems are in a state of formation and they need experienced mentors to guide them and to bear shocks and failure in life.

In this study, I attempted to go deep into the socio-psychological problems of these youth to find out major risk factors behind youth suicide and dominant methods adopted by youth to commit suicide in Asian countries.

**Keywords:** Suicide, Asia, Teenagers, Suicidal Tendency.