

## **EDUCATIONAL POTENTIAL OF VOLUNTEER ACTIVITY**

**Anastasia V. Fakhrutdinova<sup>1\*</sup>, Rosa Sh. Akhmadeeva<sup>2</sup> Raihana I.Turhanova<sup>3</sup>, Darina V. Shamsutdinova<sup>4</sup>**

<sup>1</sup>Dr.Prof Kazan Federal University Head of the Department, RUSSIA [avfach@mail.ru](mailto:avfach@mail.ru)

<sup>2</sup>Dr.Prof Kazan state Institute of Culture Vice Rector, RUSSIA [rosa79.08@mail.ru](mailto:rosa79.08@mail.ru)

<sup>3</sup>Dr.Prof Kazan state Institute of Culture Professor RUSSIA [Olca.1970@mail.ru](mailto:Olca.1970@mail.ru)

PhD Assistance Proferror Kazan Legal Institute of the Ministry of Internal Affairs of the Russian Federation, RUSSIA [Shamsutdinova.darina@bk.ru](mailto:Shamsutdinova.darina@bk.ru)

\*Corresponding author

### **Abstract**

Level of the modern society development and speed of its social changes lead to situations, when the person has significant difficulties with adaptation in the new environment. In this situation the help rendered by the third-party person allows to avoid a stressful situation. For this purpose in modern society the institute of volunteering has been created. The purpose of our research is definition of ways of training of volunteers and definition of it effectiveness, as far as work of the prepared volunteer is more useful to society. Also we studied influence of such training on personal development of the volunteer in comparison with participants of volunteer projects, who volunteer only with minimum training - explanation of duties.

At the same time, in a research relies on an idea that at decision-making in difficult situations which the volunteer may face has to be always a humanistic beginning. This is based on the idea of an assistance and support to people, whose need is placed. At the same time authors consider volunteering as a way of multicultural socialization, thereby allowing participants – to find necessary social experience. This in turn promotes disclosure of both the interests of volunteers, and their individual and personal features.

This research is devoted to study of how special training of volunteers allows carrying out this role better. Students of two higher education institutions of the city of Kazan who took active part in the World Cup in water sports in 2017 and in the FIFA World Cup in 2018 participated in a research, the experimental group in which additional trainings according to such programs as "communication psychology", "features of cultures and cultural diversity of the world" were provided, as well as "updating of knowledge of foreign languages", "fundamentals of etiquette of business communication" has made 36 students. Control group – students who for one reason or another haven't wanted to participate in programs of profound training - 35 people, students of the same higher education institutions. Age category of participants (both groups) 22-24 years.

The task of research group was to define at 1st – quality of work of volunteers, and 2nd -influence of work of volunteers on personal growth.

However results of a research have allowed defining that essential increase in level of patriotism at volunteers of experimental group which we connect with more positive attitude towards them from people to whom they helped was effect of such activity which wasn't put in an algorithm of training and in general carrying out a research.

**Keywords:** student, university, volunteering, cultural diversity

## **1 INTRODUCTION**

Modern society is characterized both interference and the conflict of cultures, various faiths interaction, by people representing various ethnoses values (Fakhrutdinova, 2017). This often leads to instability of the ethnic relations. At the same time migration processes and just processes of movement of people on the world can provoke misunderstanding, through the conflict of cultures. Along with these tendencies there are also positive processes, namely - expansion and development of relationship at the level business partnership, cultural, educational exchanges that can be considered as constructive interaction (Koritz, 2005). To the solution of the arising friction can promote updating of formation of tolerance of people as a key factor of peacekeeping and consent (Belentsov, 2017).

In the research we consider activity of volunteers, not just from perspective of personal growth, but from perspective of formation of cultural mutual understanding which defines a humanistic component of modern integration processes.

Volunteering means acceptance and the correct understanding of cultural, ethnic, religious and age differences of people. Respectively the tolerance is a socially important personal character feature, which promotes ones successful activity (Kondrateva, 2018, Moody, 2001). Respectively consciousness development allows to form mutual respect at the requirement of cooperation, mutual understanding and attention becoming key problems of training of volunteers.

Special training of volunteers allows them to be guided in conflict situations and gives tools for overcoming emotional difficulties which blocks negative power, replacing her with peace policy, and harmonies.

Thus, the volunteer is involved into public, social, personal and interpersonal relations so it can appear in a conflict situation and in the actions when he has to rely on moral and patriotic values, representative to this or that ethnic group, the nation, culture.

Thus training of the volunteer undoubtedly has an educational character.

## **2 METHODS**

For identification of educational potential of special training of volunteers and identification of its influence on quality of their work, the group of students of two higher education institutions of the Republic of Tatarstan - Kazan Federal University and the Kazan State Institute of Culture took active part accompanied guests during the water sports World Cup in 2017 and in the FIFA World Cup in 2018 have been selected. The experimental group in which additional trainings according to such programs as "Communication Psychology", "Features of Cultures and Cultural Diversity of the world" were provided, as soon as "Updating of Knowledge of Foreign Languages", "Fundamentals of Etiquette of Formal Communication" has made 36 students (15 young men and 21 girls). Control group – students who for one reason or another haven't wanted to participate in programs of profound training of 35 people (20 young men and 15 girls), students of the same higher education institutions. Age category of participants 22-24 years at the same time should be celebrated that the gender difference of participants has happened because of bigger readiness of girls for self-development.

At the same time, at the end of an experiment the number of examinees in both groups remained invariable.

For the organization of training of volunteers we have created a special course of training.

The task of research group was to define 1 – quality of work of volunteers, the 2nd influence of work of volunteers on personal growth.

However results of a research have allowed defining that essential increase in level of patriotism at volunteers of experimental group which we connect with more positive attitude towards them from people to whom they helped was effect of such activity which wasn't put in an algorithm of training and in general carrying out a research.

The purpose of the research was to reveal possibilities of additional training of students. With participants of experimental group there were holding occupation of 60 class periods during 1 year the beginning of the participation in the project and 60 class periods during the 2d year of the project. As advisers and assistants at implementation of social projects with youth worked teachers/ professors of KFU and KSIK, interested in the experiment.

Selection into groups of volunteers was made at the request of students wish to participate in the project. Quality check of their work has been carried out by results of questioning of guests with whom students

worked.

For this purpose on the basis of the expert opinion special questionnaires has been developed, guests were offered to estimate work on the 5th ball system having answered 10 questions.

Besides we studied levels of a self-assessment of participants at the beginning and on the closing stage of the project.

Participants of both groups have been estimated when they only began the activities and after 2 years of experiment

## **2.1 Experiment**

On the basis of higher education institutions which teachers and students participated in an experiment: Kazan Federal University and the Kazan State Institute of Culture during non-study time promoted positive interethnic interaction in the conditions of the non-uniform ethno-cultural environment. At the same time students have been recruited into socially important projects connected as with their further professional activity, so with socially, personally significant activity.

After complexion of the study representations of students' knowledge about cultural, spiritual and moral values were studied.

Except participation in big events participants of project regularly took part in various youth projects of the All-Russian and international level as volunteers. Training of participants of an experiment group for work as assistants – organizers became one of main units on formation of readiness to give the help and support, to be open and benevolent. Nevertheless the important mechanism of communication is possession of participants of an experiment of foreign languages as implementation of interethnic communication any knowledge of cultural and spiritual and moral distinctions is impossible for out-of-pocket communication.

## **3 RESULTS**

As the main idea of a research was to define how special preparation influences the quality of work that research has allowed to reveal responses of guests on work of the volunteers, who have had special training were 40% higher, than comments on the volunteers who weren't taking part in preparation, at the same time initial results of poll showed insignificant difference in limits, 2% on certain participants of the project. For definition of influence of work of volunteers on their personal growth we have designated the prospects of achievements chosen by them. And poll has shown higher self-assessment ( 30% higher, than at participants from control group), and unlike participants from control group, participants from experimental group have shown not only the high level of readiness for self-improvement and self-education, but also have provided the plan of the further development and education which 22 participants of the project have already begun to realize.

Results of the research have allowed to define that essential increase in level of patriotism at volunteers of experimental group which we connect with more positive attitude towards them from people to whom they helped was effect of such activity which wasn't put in an algorithm of training and in general carrying out a research.

## **4 DISCUSSION**

In our country the most part of volunteers is students of higher education institutions. This is explained by the following objective factors: majority of the student are old enough to have the right of free movement across the territory of Russia and abroad; the problem of money earnings isn't of high importance for students; they have already created the certain competences helping them to be socialized and communicate successfully with representatives of different cultures in society; they with pleasure test in various spheres of activity (Khovanskaya, 2017). At the same time the Republic of Tatarstan is the region of successful cross-cultural interaction, in this regard, the international community with big interests treats the projects realized in this region. It promotes a large number of open events with a large number of participants from the different countries.

A large number of students is involved in volunteer activity. Thus, training of youth for participation in similar projects is certain educational components of educational system.

## **5 CONCLUSION**

The conducted research has allowed to reveal that organized work on training of volunteers contributes not

just to the development of tolerance of the studying youth, but also significant personal growth.

Actions of the local and social importance contribute to the development of empathy, develop the aspiration to be useful. Moreover, develop patriotic views from positions of the importance of service to own people (Pries, 2008).

Projects and actions for the organization of volunteer activity at the international level allow to expand the horizons of perception of the world around, order a trajectory and possibilities of further growth, allow on new to estimate the importance of the culture, history and spirit of the nation.

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